Coronavirus COVID-19
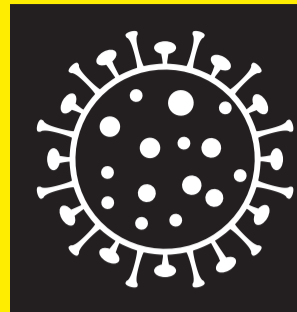
Coronavirus
COVID-19
Public Health
Advice

What Should I Do?

I've been to an affected region in the last 14 days and

I HAVE symptoms

1. Stay away from other people
2. Phone your GP without delay
3. If you do not have a GP phone 112 or 999

I DO NOT HAVE symptoms
For advice visit www.hse.ie

I've been in close contact with a confirmed or probable case of COVID-19 (Coronavirus) in the last 14 days and

I HAVE symptoms

1. Stay away from other people
2. Phone your GP without delay
3. If you do not have a GP phone 112 or 999

I DO NOT HAVE symptoms
For advice visit www.hse.ie

Affected Regions

Check the list of affected regions on **www.hse.ie**

Symptoms

> A Cough **>** Shortness of Breath **>** Breathing Difficulties **>** Fever (High Temperature)

How to Prevent

Wash
your hands well and often to avoid contamination

Cover
your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue

Avoid
touching eyes, nose, or mouth with unwashed hands

Clean
and disinfect frequently touched objects and surfaces

For Daily Updates Visit
www.gov.ie/health-covid-19
www.hse.ie

Ireland is operating a containment strategy
in line with **WHO** and **ECDC** advice

Rialtas na hÉireann
Government of Ireland